Sonic Health Solutions

**SHS-VB15**
Sonic Health Solutions WBV Seat incl Infrared Sauna System

**SHS-VR14**
Sonic Health Solutions Vibro Acoustic Chair

**SHS-SB15/15L**
Sonic Health Solutions Mass Vibro Bed/with elec lift

**SHS-VT14**
Sonic Health Solutions Tilting Table Vibrational system

**SHS-VG14**
Sonic Health Solutions Vibrational Parallel Bar Gait Training System

EFFECTS OF:
SONIC HEALTH SOLUTIONS (WBV) WHOLE BODY VIBRATION SYSTEMS

*Increases and improves*
- Balance and co ordination
- Bone mineral density and dispersion
- Cell’s oxygen level
- Circulation of blood and lymphatic system
- Energy and endurance
- Flexibility and elasticity
- Natural healing response
- Nutrition uptake
- Strength and performance

*Reduces*
- Cellulite
- Cortisol
- Fatigue
- Fat mass
- Pain
- Recovery time
- Stress
BENEFITS

- Our bodies accumulate and try to process cellular stress, chemicals, food additives and toxins etc. during our lifetime.
- This can progressively slow down our bodies' ability to stimulate our critical lymphatic system, process fluids and re-charge our (so called) cellular batteries, as this process is continuous and body fluids stagnate, increasingly poor health becomes the natural progression over time.

- Sonic Health offers a solution that can help provide:
  
  - A highly effective passive non strenuous exercise in a short time to each of our bodies' (in the region of up to 100 trillion) cells.
  - The facilitation of oxygen uptake potential,
  - Safe and controlled vertical stimulation uniquely produced by sound waves.
  - The stimulation of lymphatic circulation,
  - The release of cellular trauma, including a host of other impressive benefits.